

Tuesday, October 14, 2025

Lunch Today: Cook's Choice, Fruit, Vegetable, Milk

- Congratulations to Steamer Golf as they finished another fantastic season. They finished as a team in second place at State and Owen VanZuiden finished fourth and Jacob Voss finished 6th overall. Way to Go Steamer Golf!! Good luck to Steamer Volleyball as they travel to AFC today, game time 6.
- We are challenging you to a video contest, a TikTok dance that you create to The Monster Mash. Videos need to be shared to Mrs. Pepper no later than 3:00 on October 24th. A survey will come out the following week for voting with winners to be announced on Halloween. Remember--keep it school appropriate but have some fun and be creative. Good Luck!!
- Thespians will have their October meeting today. The regular meeting will be held at 6:00 in the old gym, followed by Scary Stories Under the Stars afterward. Bring a chair or a blanket for when we head outside!
- Seniors, FAFSA Completion is now a required step to earn a high school diploma in the state of Illinois. The application officially opened a few weeks ago, and to have the best chance of securing funds, you should submit your application as soon as possible. A representative from Sauk Valley Community College will visit FHS next Wednesday, October 15th, at 5:00 PM to answer FAFSA-related questions and assist families in submitting their applications. We will meet in the LRC. Please plan to attend!
- As we continue Bullying Awareness Month, let's focus on Asset 6 — Parent Involvement in Schooling. When parents and families stay connected to what's happening at school, students feel supported and cared for. Talk with your family tonight about what you've learned this week about kindness and respect. Working together at home and school helps stop bullying before it starts.